

ExperienceContrave.ca

Visit. Enrol.
Access support.

As easy as 1-2-3

1

Visit **ExperienceContrave.ca**

2

Enrol for your first month's supply of Contrave with or without the Contrave Support Program

3

Receive your Contrave Support Program Card via email and visit any pharmacy with your card and prescription to pick up your Contrave

**Your doctor has
prescribed Contrave
for you.**

**The Experience Contrave program
at ExperienceContrave.ca is your
gateway to:**

- Your first month's supply
of Contrave at no charge
- Ongoing motivational
and financial support



Contrave
(naltrexone HCl/bupropion HCl)
8 mg/90 mg • Extended-Release Tablets

Contrave support
program

HOW DO I TAKE CONTRAVE?

The table below explains how your daily dose of Contrave will be slowly increased over the first 4 weeks. At week 4, you will be taking the usual adult dose:

- 2 tablets in the morning and 2 tablets in the evening
- This is also the maximum daily dose for Contrave. It is important that you not take more than the maximum daily dose:
 - **Do not** take more than 2 tablets in the morning and 2 tablets in the evening
 - **Do not** take more than 2 tablets at the same time or more than 4 tablets in 1 day



	 Morning	 Evening
Week 1		
Week 2		
Week 3		
Week 4 and maintenance		

Missed dose

If you miss a dose of Contrave, wait until your next regular time to take it.

Do not take more than 1 dose of Contrave at a time. This will help reduce your risk of having a seizure. Always take Contrave as directed by your HCP.

More information on taking Contrave

- **Do not** change your Contrave dose without talking with your HCP
- **Do not** take more Contrave than your HCP tells you to, or it may increase your risk of seizures
- **Swallow Contrave tablets whole. Do not cut, chew, or crush the tablets.**
Tell your HCP if you cannot swallow Contrave tablets whole
- Take each dose of Contrave with food. **Do not** take Contrave with high-fat meals because this may increase your risk of seizures
- Your dose may be decreased if you:
 - Have kidney or liver problems
 - Take certain medicines
- **Do not** drink a lot of alcohol while taking Contrave. Talk with your HCP if you drink a lot of alcohol. If you suddenly stop drinking alcohol, you may increase your chance of having a seizure
- Use Contrave with a reduced calorie diet and increased physical activity

- Take Contrave exactly as your HCP tells you to
 - Your HCP should tell you to stop taking Contrave if you have not lost a certain amount of weight after 16 weeks of treatment
- Your HCP will monitor your blood pressure and heart rate before you take Contrave and during your treatment. They will also monitor you for side effects if you have kidney or liver problems

Overdose

If you think you have taken too much Contrave, contact your HCP, hospital emergency department, or regional Poison Control Centre immediately, even if there are no symptoms.

Risk of opioid overdose

You may be at risk of having an opioid overdose if you take opioid medicines while taking Contrave.

You should get emergency medical help right away if you:

- Have trouble breathing
- Become very drowsy with slowed breathing
- Have slow, shallow breathing (little chest movement while breathing)
- Feel faint, very dizzy, confused, or have unusual symptoms

Contrave is a prescription medicine used for weight management:

- in patients who have obesity or
- in patients with overweight and at least one medical condition associated with their weight (such as high blood pressure that is controlled with medicine, Type 2 diabetes, or a high amount of lipids [cholesterol or other types of fat] in the blood).

It should be used along with a reduced calorie diet and increased physical activity.

Take Contrave exactly as your Healthcare Professional (HCP) tells you to.

Please refer to the Patient Medication Information insert in your product package for important safety information.



Personalized support to complement your Contrave treatment journey

The Contrave Support Program is designed to provide:



Up to 20% financial assistance on the cost of every Contrave prescription



A dedicated nurse counsellor to help onboard you with your treatment and provide free 1:1 motivational support



Practical tools and resources including weekly emails and newsletters full of expert tips and advice

Enrol on **ExperienceContrave.ca** today!



Contrave[®] support program



BAUSCH Health